

# See your way to better health!

## Aetna Vision<sup>SM</sup> Program

Eye exams, savings on contacts and eyeglasses, and more.

### A healthy body starts with healthy eyes

An eye exam can “see” a lot more than just your vision. In fact, regular checkups can help your eye doctor spot signs of diabetes, brain tumors and high blood pressure and cholesterol. That’s a big deal — especially since these conditions are easier to treat when caught early.<sup>†</sup>

With the **Aetna Vision program**, you’ll get everything you need to see clearly. And you’ll be doing your body a favor, too. Covered eye exams and savings on eyeglasses and LASIK are just some of the perks!

### Get a routine eye exam

Routine eye exams are short and simple. But they can really pack a punch! They’re the best way to keep your vision sharp. Plus, they can also help your eye doctor spot problems like glaucoma or astigmatism early, before they become a bigger threat. That’s why you’re covered for routine eye exams through your Aetna<sup>†</sup> health benefits and insurance plan. To find out how often, just check your plan materials.

If you get an eye injury, infection or any other eye problem, just visit your family doctor or eye doctor. These non-routine visits won’t count against your covered eye exam(s) for the year. They’ll be covered under your medical plan — just like a doctor’s visit for the flu would be.

### Save on seeing better

There’s more! If you have an Aetna medical plan, you automatically get the **Aetna Vision discount program**, offered through EyeMed Vision Care. You’ll save on contacts, eyeglass frames, lenses — even LASIK surgery. The best part? You can use the program over and over again. There are no limits — and no stopping the savings!

If you need a routine eye exam in addition to the one your benefit plan already covers, you can have that, too. Just visit any participating provider — and pay \$42.\* Want to blow the budget on fancy frames? You get a 40 percent discount off retail. You also get \$10 off the usual price for a specialty contact lens fit and follow-up — plus the \$42\* exam fee.

It’s easy to find a spot near you. Participating national chains\*\* include:

- JCPenney<sup>®</sup> Optical
- LensCrafters<sup>®</sup>
- Target Optical<sup>®</sup>
- Sears Optical<sup>®</sup>
- Pearle Vision<sup>®</sup>
- Plus, select optometrists and ophthalmologists

Just visit **www.aetna.com**, and click on “Find a doctor.” Then, follow the search prompts to find vision locations.



\*EyeMed Services and Compensation Schedule (1/08).

\*\*EyeMed Select Network and Provider List (1/08).

<sup>†</sup>See you at the office: Why vision care belongs in the workplace. Accessed April 7, 2008 at <http://ebn.benefitnews.com/>.

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## Replace contacts in a blink

Lost a lens? You can get extra pairs delivered right to your doorstep! Just buy your first pair of prescription contact lenses through your doctor. Then call **1-800-391-LENS (5367)** to order a new pair.



## Save on contacts and eyeglasses

We help you foot for the bill for prescription eyeglasses or contact lenses. Just check your plan materials to see if you get this special allowance. If so, follow either of these choices:

### CHOICE #1:

#### **Buy your eyewear at any participating location.**

The allowance comes right off your already-discounted bill — you just pay the rest. To find a spot, call **1-800-793-8616**.

### CHOICE #2:

#### **Buy your eyewear at any location.**

Just pay the full bill, and mail the paid receipt to us. We'll send you a reimbursement check up to the most allowed by your plan. But take note: If you want to get the vision discount *and* this special allowance, you must buy your eyewear at a *participating* location. (See Choice #1.)

## See your way to healthy vision, and a healthy body. Take advantage of the Aetna Vision Program today!

†Health benefits and health insurance plans are offered, underwritten or administered by: Aetna Health Inc., Aetna Health of the Carolinas, Aetna Health of Illinois Inc., Aetna Health Insurance Company of New York, Aetna Health Insurance Company and/or Aetna Life Insurance Company (Aetna). In Maryland, by Aetna Health Inc., 151 Farmington Avenue, Hartford, CT 06156.

Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Discount programs provide access to discounted prices and are NOT insured benefits. Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Aetna does not provide care or guarantee access to health services. Health benefits and health insurance plans contains exclusions and limitations. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to [www.aetna.com](http://www.aetna.com).

Policy forms issued in Oklahoma: HMO/OK COC-4 09/02, HMO/OK GA-3 11/01, HMO OK POS RIDER 08/07, GR-23, GR-29 and/or GR29-N.

Available in Spanish. Disponible en Español.

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