

Choose any doctor you want!

Aetna Choice® Plan

You pick your doctor.
We give you
information that helps.

We want you to know®





It's great to have

Here's a plan that let's you take charge. Now you can enjoy the freedom and flexibility to get the care you need, when you need it.

Go ahead—take a look at your options!

OPTION # 1

Visit your primary care physician (PCP)

You don't have to choose a PCP,* but you may want to. Your PCP can learn about your needs and help you make good medical decisions. You may even lower your costs.

Your PCP will:

- Give routine and preventive care, and treat you for illnesses and injuries.
- Get approval (called precertification**) before giving certain care.
- File claims for you.

OPTION # 2

Visit any network doctor

You don't need a referral to visit a doctor in Aetna's network. Plus, you usually pay less when you stay in network. That's because network doctors have agreed to offer members special fees. These are often lower than the doctor's usual fees.

Your network doctor will:

- Get approval before giving you certain services.
- File claims for you.

Visiting a network doctor may cost more than visiting your PCP. Florida and Texas members will pay the same for Options #1 and #2.

OPTION # 3

Go to any licensed doctor

Freedom! Visit any licensed physician or specialist you choose. There are no network restrictions and no need for referrals.

You may have to:

- Get your own approval before receiving certain services.
- File your own claims.
- Pay the difference between the amount paid by your health plan and the amount charged by your doctor.

Your out-of-pocket costs are typically higher when you see an out-of-network doctor.

Check out the enclosed Aetna[‡] Plan Design and Benefits Summary. There, you'll find more information on coverage and service costs.

*In Texas, PCP is known as physician (primary care).

**In Texas, this approval is known as "pre-service utilization review" and is not "verification" as defined by Texas law.

[‡]Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies. The in-network and out-of-network referred benefits are offered by Aetna Health Inc., Aetna Health of the Carolinas Inc. and/or Aetna Health of Illinois Inc.; and in Arizona and Texas by Aetna Health Inc. Self-referred benefits are underwritten by Aetna Health Insurance Company of New York and Aetna Health Insurance Company. For self-funded plans, benefits coverage is provided by your plan sponsor with administrative services only provided by Aetna Life Insurance Company (Aetna).

choices!

Finding a doctor is easy!

Find one online

With our DocFind® online directory, you can look for a doctor by specialty and location. All the information you need is there — including maps and directions to the doctor's office. You can even look for doctors who speak your language. Check out DocFind on our website at www.aetna.com.

Get a printed directory

If you are already an Aetna member, call Member Services at the toll-free number on your ID card. If you are not an Aetna member yet – or if you have not received your ID card — call **1-888-87-AETNA (1-888-872-3862)**.

You have the flexibility to visit any doctor you like.



Your health information, when you need it

Our services and online tools make it easy for you to get answers to your health care questions. Most importantly, these services are available all day, every day.

Aetna Navigator® member website

Visit your secure, members-only website to get the health information you need fast!

You can:

- Communicate with Aetna Member Services and get contact information.
- Review your plan and benefits information.
- Print a summary of your doctor visits, medical tests, prescriptions and other activities to share with your doctor.
- View the estimated average costs for certain health care services in your area.
- Compare hospitals in your area for certain diagnoses and procedures.
- Access health, dental and wellness information from trusted sources.

Visit Aetna Navigator today, or take the FREE tour!

If you're already an Aetna member, go to www.aetna.com and click on "Aetna Navigator." Then click on "Register Now" and follow the instructions. If you're not yet a member, click on "Site Tour."

Plan for Your HealthSM*** website

Is an easy-to-use website available to everyone. It helps you understand your health care needs through all of life's stages, from 20-something through retirement. Go to www.planforyourhealth.com for more information.

Informed Health® Line

Available 24 hours a day, 7 days a week, the Informed Health Line gives Aetna members a quick, simple way to get answers to health related questions from a trained team of registered nurses.

While only your doctor can diagnose, prescribe or give medical advice, Informed Health Line nurses can offer information on more than 5,000 health topics. Always consult your doctor first with questions or concerns about your health care needs.

***PlanForYourHealth is a public education program from Aetna and The Financial Planning Association.

If you need this material translated into another language, please call Member Services at 1-888-98-AETNA (1-888-982-3862).

Si usted necesita este documento en otro idioma, por favor llame a Servicios al Miembro al 1-888-98-AETNA (1-888-982-3862).

This managed care plan may not cover all of your health care expenses. Read your contract carefully to determine which health care services are covered. To contact the plan if you are a member, call the number on your ID card; all others, call 1-888-98-AETNA (1-888-982-3862).

This material is for information only and is not an offer or invitation to contract. Health benefits plans contain exclusions and limitations. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Aetna does not provide care or guarantee access to health services. Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to www.aetna.com.

Policy forms issued in Oklahoma include: HMO/OK COC-4 09/02, HMO/OK GA-3 11/01, [HMO OK POS RIDER 08/07].



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freedom of choice.
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